

B.L.E. S.

This week in our B.L.E.S.S. series was S for serve. There are many ways for children to serve others both individually and as a family. The following are a few ideas to get you started:

- Help clean-up at school and at home.
- Help a younger child learn to read by reading with them (buddy reading).
- When permitted by the teacher, help another student with an assignment.
- Help prepare a meal for someone who is sick.
- Bake cookies to share with a neighbor.
- Rake leaves or pull weeds for a neighbor.
- Send an encouraging card to someone.
- Sit with someone who is feeling sad and listen.
- Share, give, or lend something to someone.
- Help to make someone's birthday special.
- As a family, serve a meal at a local shelter.
- Offer to pray with someone.

B.L.E.S.S. is from the book, *BLESS: 5 Everyday Ways to Love Your Neighbor and Change the World*, by Dave Ferguson. Published by Salem Books, 2021.