

Name \_\_\_\_\_

1. Remember who God is. He is the almighty God!
2. Remember that God loves us and takes care of us. He is faithful.
3. Using only a pencil, draw a picture of something that makes you or others feel really sad. This is what you are sharing with God.
4. Now add some spots of bright color to your picture to show that God is with us during those sad times of lament.

